ESPITA MEZCALERIA

Allergy Guide

	Meat	Fish	Shellfish	Dairy	Eggs	Honey	Gluten	Soy	Peanut	Tree Nuts	Seeds	Allium	Alcohol (Not cooked)
GUACAMOLE Y SALSA													
Guacamole												X	
Verde Cruda												X	
Charred Onion & Cashew												X	
Fresca												X	
Borracha						X						X	X
Habanero y Fresno												X	
ANTOJOS													
Esquites	X			X	X							X	
Col Rizada		X		X	X	X				X	X	X	
Apache	X	X			X							X	X
Avocado Tostada										X	X	X	
Tostada de Atún		X	X	X	X		X	X		X	X	X	
Caldo de Hongos				X	X							X	
Papas Oxaqueñas		X		X						X		X	
Ensalada de Frutas													
Yogurt Parfait				X		X				X	X		
TACOS													
Roasted Brussels				X		X				X	X	X	
Seared Cobia		X		X	X		X	X		X	X	X	
Alitas	X			X	X		X			X		X	
Al Pastor	X											X	
Pescuezo	X			X		X				X		X	X
Chorizo y Huevos	X			X	X							X	
ENTRADAS													
Butternut Squash Tamal				X		X				X	X	X	
Pulpo			X									X	
Mole de Almendra y Piñon	X			X		X				X	X	X	
Borrego	X			X		X				X		X	
Hamburguesa	X		X	X	X	X	X	X	X		X	X	X
Pollo Frito Torta	X			X	X	X	X				X	X	
Churro French Toast				X	X		X						
Panqueque Azul				X	X		X						
Chilaquiles Divorciados	X			X	X							X	
Huevos Rancheros				X	X					X	X	X	
Atole de Maiz Azul	X (Option)			X	X							X	
POSTRE													
Ginger & Canela Arroz con Leche	X (Gelatin)			X	X						X		
Chocolate Tostada	X (Gelatin)			X					X	X			
Not a Cinco Leches Cake	X (Gelatin)			X	X		X						X
Dark Chocolate Sorbet													
Milk Sorbet				X									
Pomegranate & Blood Orange Sorbet													
Mango Sorbet													
Milk Chocolate Ice Cream				X									
Cinco Leches Ice Cream				X									X